

Trisomy 21 Symposium

Saturday, March 18, 2023

VIRTUAL Conference



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PROGRAM OVERVIEW

Trisomy 21 (Down syndrome) is the most common chromosomal condition, occurring in one of every 700 to 800 live births. Down syndrome is a complex genetic condition which can affect multiple body systems to a variable degree.

Children with Down syndrome are at higher risk for vision and eye problems; ear; nose and throat problems including hearing loss; congenital heart disease; gastrointestinal and feeding problems; endocrine disorders; neurological and musculoskeletal issues; and developmental and behavioral challenges.

This one-day virtual symposium will provide up-to-date clinical information and therapeutic approaches to parents of individuals with Down syndrome of all ages and to healthcare professionals.

REGISTRATION FEE: \$20

The registration fee includes course registration, livestream access to the conference and access to view presentations online. For questions, please email CMEoffice@chop.edu.

REGISTER ONLINE: [CHOP.CLOUD-CME.COM](https://chop.cloud-cme.com)

CANCELLATION AND REFUND POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, the hospital will refund the registration fee. To process refunds, cancellations must be received in writing by Friday, March 10, 2023. No refunds will be issued thereafter.



PROGRAM | SATURDAY, MARCH 18, 2023

- 9 a.m. **Welcome and Introduction**
Mary Pipan, MD
- 9:15 a.m. **Sexual Development: What's Typical? (Childhood+)**
Terri Couwenhoven, MS, CSE
- 10 a.m. **Practical Skin Care Tips and Tricks**
David Micah Milgraum, MD
- 10:45 a.m. **Break**
- 11 a.m. **Living our Best Life Together**
Erin and David Perry
- 11:45 a.m. **Practical Advice for Getting Kids to Sleep and Stay Asleep**
Margaret Souders, PhD, CRNP
- 12:30 p.m. **Panel Discussion – Q & A**
- 1 p.m. **CHOP Buddywalk Presentation**
Colin Hester
- 1:05 p.m. **Lunch**
- 1:30 p.m. **Breakout Session**
- A. Bites and Sips – Feeding in Trisomy 21**
Sandra Galbally, MS, CCC/SLP; Susan L. Biedermann, MA, CCC/SLP
- B. The Family Experience with a Dual Diagnosis**
Alison Downes, MD; Laura McKelvey; Jessica McMullen, MPH;
Colin McMullen
- C. Top 5 Issues and Concerns During Pubescence Program**
Terri Couwenhoven, MS, CSE
- D. Down Syndrome Regression/Catatonia:
 What We Know, What We Don't Know, Treatment Approaches**
Mary Pipan, MD
- 3 p.m. **Closing Remarks/Adjourn**

Unless otherwise noted, faculty is from Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.

COURSE DIRECTORS

Mary Pipan, MD

Director, Trisomy 21 Program

Attending Physician

*Division of Developmental and Behavioral
Pediatrics*

Clinical Associate in Pediatrics

Kim Schadt, CRNP

Nurse Practitioner

Trisomy 21 Program

Friedreich's Ataxia Program

Tricia Wilson, RN

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COURSE FACULTY

Susan L. Biedermann, MA, CCC/SLP

Speech Language Pathologist III

Terri Couwenhoven, MS, CSE

*Clinic Coordinator-Down Syndrome Clinic of
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David Perry

Self Advocate

Erin Perry

Self Advocate

Margaret Souders, PhD, CRNP

Nurse Practitioner

Autism Integrated Care Program